

September 2018 Recipient Update

Health & Wellness Checks



Meals on Wheels in Terre Haute is piloting a new program, and you are invited to participate!

One of the MOWTH Board Members is a Registered Nurse, and she is working with a nursing student from Indiana State University to help us conduct basic health & wellness checks for our meal recipients.

These basic assessments are one way we can help you stay aware of your medical

issues, and it also allow us to assess possible needs for other resources or referrals.

The health & wellness checks take place in your own home during meal delivery time. The assessment should take around 15-30 minutes, and includes basic vital checks like blood pressure, checking your medications, and asking intake and health-related questions. It is also a time for you to ask questions about any needs you may have.

You can participate in this new program, FREE of charge. Simply fill out the form below and give it to a delivery driver, or call the office at 812-232-3878 and let us know.

Do you want to schedule a health & wellness check?

You can give this form to your delivery driver or call the office at 812-232-3878 and let us know.

Name: _____

_____ yes _____ no

